

ED 388 918

CG 026 663

AUTHOR Mitchell, John J.
 TITLE Adolescent Struggle for Selfhood and Identity.
 REPORT NO ISBN-1-55059-050-2
 PUB DATE 92
 NOTE 218p.
 AVAILABLE FROM Temeron Books, Inc., Box 896, Bellingham, WA 98227
 (\$18.95 plus \$1.75 postage); Canada: Temeron Books,
 Inc., 1220 Kensington Rd. N.W., Unit 210, Calgary,
 Alberta T2N 3P5, Canada (\$18.95 Canadian plus \$3.25
 postage; quantity discounts available).
 PUB TYPE Books (010) -- Reports - Descriptive (141)
 EDRS PRICE Document Not Available from EDRS.
 DESCRIPTORS *Adolescent Development; Adolescents; *Cognitive
 Processes; Developmental Stages; Egocentrism; Foreign
 Countries; *Individual Development; Personality;
 *Personality Development; Self Actualization; Self
 Care Skills; *Self Concept; Youth; Youth Problems
 IDENTIFIERS Canada; *Narcissism

ABSTRACT

Adolescent struggle is about the forces which shape the self and direct the search for identity. It examines the factors which incline young people toward self-centeredness, irrationality and faulty decision-making. Section 1 of the book deals with the adolescent self and two of the most important determinants of adolescent behavior: egocentrism and narcissism. Forces which govern how young people think about themselves, and how these forces frequently encourage a self-protecting narrowness are defined. Section 2 explores why adolescents must struggle to attain a sturdy, worthwhile identity, and why, for many young people, the struggle for a worthwhile identity leads to "confusion"--a confusion which sometimes becomes the most important reality in their day-to-day life. Chapters are: (1) Some Introductory Comments; (2) Egocentrism and the Adolescent Thought Process; (3) Egocentric Distortions; (4) Narcissism; (5) Narcissism and the Diminished Self; (6) Friendships and Relationships; (7) The Corrupted Self; (8) Self Understanding; (9) The Nature of Adolescent Identity; (10) Identity Crisis; (11) Negativism and Negative Identity; (12) Conformity and Identity; (13) Turning Points in Identity; and (14) Further Issues in Adolescent Identity. (JBJ)

 * Reproductions supplied by EDRS are the best that can be made *
 * from the original document. *

2

**THIS
DOCUMENT
NOT
AVAILABLE
FROM
EDRS**